



*African American Training
and
Technical Assistance Program*



Recovery Process of African Americans: Seeking Wellness during COVID- 19 Re-opening Phases

Presented by:

**Karriem Salaam, MD
&
Delane Casiano, MD**

About the Presenters:

Dr. Karriem L. Salaam earned his medical degree from Robert Wood Johnson Medical School in 2000 and completed a residency in General Psychiatry at Temple University in Philadelphia. Dr. Salaam completed a fellowship in Child & Adolescent Psychiatry at Thomas Jefferson University and currently serves as the Medical Director of Adolescent Services at Friends Hospital in Northeast Philadelphia and as a Clinical Assistant Professor of Psychiatry at Drexel University College of Medicine in Philadelphia, from 2006 to present. He is Board Certified in Adult and Child & Adolescent Psychiatrist.

Dr. Delane Casiano is an adult psychiatrist in Philadelphia, Pennsylvania. With specialization in cultural psychiatry and women's mental health, she has worked with ethnically diverse populations in a multitude of health care settings. Through her work she is helping individuals overcome challenges with depression and other mental health problems. Dr. Casiano earned her medical degree from Morehouse School of Medicine. The American Psychiatric Association and the National Institute of Mental Health have recognized her research examining cultural influences on mental health beliefs among African American men and women with depression.

Friday, August 28, 2020

9:00am - 4:00pm

(30-minute lunch break and two 15-minute breaks will not be counted toward CE time awarded)

Educational Goals:

The goal of this course is to enhance overall professional growth and improve clinical skills to help support mental health in African Americans during the Era of COVID-19.

Learning Objectives:

- Name the 8 Dimensions of Wellness according to the Substance Abuse/Mental Health Services Administration (SAMHSA).
- List three organ systems affected by stress.
- Describe three areas of health inequalities for African Americans during the Era of COVID-19.
- Discuss two strategies that employers can utilize to support wellness among employees.
- Name two challenges that schools face during Re-Opening Phases.
- Give two examples of virtual options for increasing access for schools and religious institutions during the Re-Opening Phases.

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This course meets the qualifications for 6 hours of continuing education credit for RNs by the California Board of Registered Nurses, BRN Provider No. 12040; for Addiction Professionals by the California Consortium of Addiction Programs & Professionals Education Institute (CCAAP_EI), Provider No. 4C-04-604-0622; for LMFTs, LCSWs, LPCCs, and/or LEPs as required by the California Board of Behavioral Sciences; Alameda County Behavioral Health Care Services (ACBHCS) is approved by the California Assoc. of Marriage and Family Therapists to sponsor continuing education for the target audience of this training, Provider No 65749. ACBHCS maintains responsibility for this program/course and its content. Please note: in order to receive CE credit, it is the participant's responsibility to attend the full training, sign in, sign out, and turn in a completed evaluation.

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